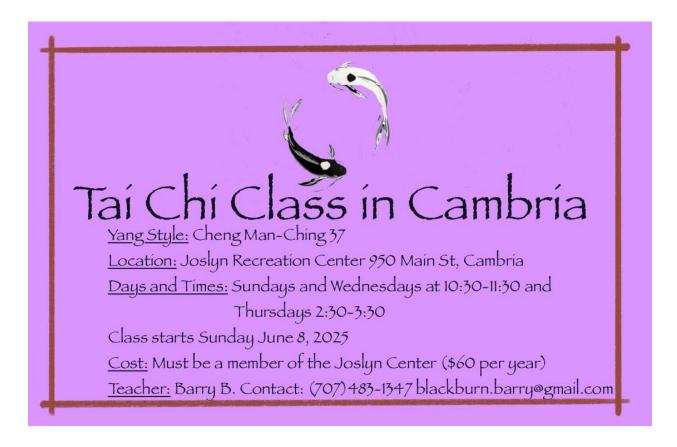


## JOSLYN RECREATION CENTER NEWSLETTER MAY 2025

Spring is here, and so are great programs and activities at the Joslyn Center. This month there will be two much anticipated Cambria Chorale spring concerts in which they'll be performing "Music of the Times" including Disney. Also, you can enjoy a benefit for Greenspace, with an exciting adventure auction. In addition, our very popular Tai Chi group is adding a new class to boost availability for 17 new participants.

All this is coming as our membership is now approaching pre-pandemic levels at last!!

### **CLUB NOTES:**



SPIRIT DRUM AND DANCE: No experience needed to enjoy full moon drumming. This month our session is Monday May 12 at 6:30p in the Main Hall. Bring your own rhythm maker or borrow one of our loaners. Bring your own refreshments and a donation for the Joslyn Center. It will be a wonderful night for a moon dance!

## FISHING CLUB: Sandy and Joe had a good day!



# Music of the Times presented by



## CAMBRIA

**COMMUNITY CHORALE** 

**CELEBRATING 35 YEARS OF SINGING TOGETHER** 

Saturday, May 10th, 2:00 pm Saturday, May 17th, 2:00 pm

Community Presbyterian Church, Cambria
2250 Yorkshire Drive

Tickets: Adults - \$20.00 Students - Free
Purchase your tickets from a Chorale Member,
at the Cambria Chamber of Commerce,
online at https://cambriachorale.org/ or at
https://my805tix.com/e/music-of-the-times/tickets

### CAMBRIA DANCE AND SOCIAL CLUB:

## COME TO A GARDEN PARTY By Pat Burbank

Join the Cambria Dance & Social Club for our May 28th potluck, dance & party. Our hosts are envisioning a spring garden party and want to encourage us to wear garden party hats. Yes, men, I'm sure you have an appropriate masculine version you can wear to share in the fun the ladies are going to have.

The event will be held at the Joslyn Center (950 Main Street) from 5:30 to 8 p.m. As is the club's custom, everyone is welcome—singles as well as couples—and dance skills are not required. There will be live music, a great potluck, and a congenial group.

Dress is casual and comfortable, but don't forget your hat! Please RSVP (yes or no) with your choice of potluck contribution to Eleanor Seavey, at billseavey@gmail.com or (805) 689-4022.

#### See you there!



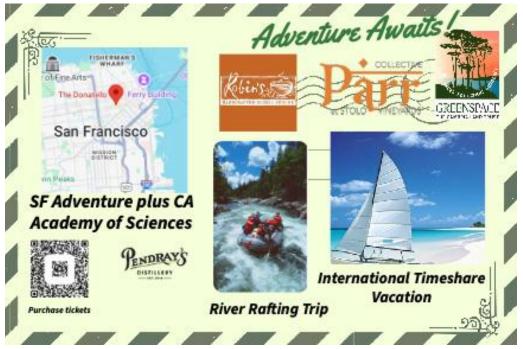
## **POKER CLUB:**

Affordable Poker in Cambria! Our monthly tournament is Sat May 17 @6:15p in the Main Hall. There's a \$20 buy-in with \$20 re-buys for a limited time. Every Thurs night there's Dealer's Choice Poker in the Joslyn Conference room at 6:15 p. Your choice of a \$5 buy-in table or a \$25 buy-in table. This month's tournament game is Omaha 8. For questions, contact Manya at 805.927.5000 cell/text

## **LAWN BOWLS:**

Lawn Bowling is good exercise, and a good way to socialize in the fresh air and sunshine on M-W-F- Sat mornings at 9:15a. We have free lessons and loaner equipment for Joslyn Members who would like to play. It's challenging, yet anyone can play right from the start. Drop by during play and join the fun!





Cleanup Club for May is Lawn Bowls.

Speaking of cleanup, many of our clubs use the Joslyn kitchen for special events or just to serve food at times. We work very hard on kitchen cleanliness, and are regularly inspected at unannounced times by the

County. We usually receive 100% on our inspection ratings and last year got an "Award of Excellence" from SLO County inspectors. We have great kitchen renters who also take their stake in kitchen hygiene very seriously. Every Joslyn member and club benefits from access to a fine kitchen.

Thanks to each and every one of you who takes this seriously and carefully cleans up, empties their trash and recycling, cleans the sinks and stove, and clean the floors after every use. It takes a few extra minutes, but the whole club benefits!

Thanks, Dave Stiles, 2025 JARC president.



#### Friday Night Ecstatic Dance!

Inner Rhythm is a growing group of heart-centered-people who dance as a way of returning to our selves and to commune with each other.

For us the dance floor is a playground, a teacher, a healer.

There are no steps to follow, no right or wrong way to move, we dance to feel what is sacred through the movement of our bodies.

Inner Rhythm is a 70-90 minute dance journey. Every Inner Rhythm dance is different but the basic format is the same. We start with slower fluid rhythms, move into pulsing percussive beats, peak into wild chaos, then return with trance-like lyrical rhythms dissolving into a quiet gentle stillness.

We finish with a short closing circle.

Every Friday 7:30 pm - Joslyn Center, 950 Main St., Cambria \$5.00 admission • Vist us on Facebook